

PRODUCT DATA SHEET

Indole-3-Carbinol



Indole-3-Carbinol

To support estrogen metabolism*

- Maintains optimal 2-hydroxy/16-hydroxy estrogen ratios*
- Found in cabbage family vegetables, it's a source of DIM
- Nutritional support for liver detoxification*

INDOLE-3-CARBINOL

S u p p l e m e n t		F a c t s	
Serving Size: One Capsule			
Servings Per Container: 60			
Each Capsule Contains:		% DV	
Indole-3-Carbinol / Diindolymethane (DIM) complex		200 mg	*
*Daily Value (DV) not established.			

Other Ingredients: Hypromellose (derived from cellulose) capsule, Magnesium Citrate, Leucine, Silicon Dioxide.

60 Vegetarian Capsules

Code: SF749

Suggested Use

Take 1 capsule one to two times daily or as recommended by a health-care practitioner.

Additional Notes

Allergy Warning

This product is contraindicated in an individual with a history of hypersensitivity to any of its ingredients.

Pregnancy Warning

If pregnant, consult your health-care practitioner before using this product.

Interactions

There are no known adverse interactions or contraindications at publication date.

Purity

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, artificial sweeteners, or artificial flavors. This product also does not contain lactose, palmitic acid, magnesium stearate, or stearic acid.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.