Ascorbic Acid One Gram

Providing 1 g of vitamin C in each vegetarian capsule

- Pure, crystalline vitamin C
- A potent water-soluble antioxidant*
- Supports the immune system*
- Promotes connective tissue formation*

Purity
This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, artificial sweeteners, or artificial flavors. This product also does not contain lactose, palmitic acid, magnesium stearate, or stearic acid.

Suggested Use
Take 1 capsule one to three times daily or as recommended by a health-care practitioner.

Additional Notes

Allergy Warning
This product is contraindicated in an individual with a history of hypersensitivity to any of its ingredients.

Pregnancy Warning
If pregnant, consult your health-care practitioner before using this product.

Interactions
There are no known adverse interactions or contraindications at publication date.

Additional Warnings
Vitamin C can cause diarrhea in some individuals in large doses, which can vary from person to person and resolves when the amount is reduced.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.